

FIRST COMMUNION COURSE:
Walking with Jesus through the Mass

LES	TOPIC
INTRODUCTION: FOR PARENTS AND CHILDREN	
1	Walking with Jesus through the Mass: Emmaus Story; 2 main parts of the Mass; importance of parents in the faith formation of the child; their role in this program.
2	God Calls us to His Feast: (ENTRANCE RITE) God's invitation; the meaning of the Entrance and Greeting.
3	We Confess our Sins: (PENETENTIAL RITE) The need to confess and ask forgiveness; The 'I Confess'
4	We Sing Praise to God: (GLORIA) We praise God because of all he has done for us.
5	God Talks to Us: (LITURGY OF THE WORD) God speaks, we listen. Meaning of the postures and gestures.
<i>[Written Test]</i>	
6	I Believe in God: (PROFESSION OF FAITH) The call to believe and profess our faith in God.
7	We Present Our Gifts: (PRESENTATION OF THE GIFTS) The various actions and their meaning.
8	We Thank God, our Savior King: (SANCTUS) At the start of the Eucharistic Prayer, we thank God our Savior.
9	The Holy Spirit Works a Miracle: (EPICLESIS) We invoke the Holy Spirit to change the gifts into Jesus.
FOR PARENTS AND CHILDREN	
10	THE VERY FIRST MASS: Jesus Gave Himself for Us: (INSTITUTION NARRATIVE) Memorial, Sacrifice, Presence.
<i>[Written Test]</i>	
11	We Pray to Our Father as a Family: (THE LORD'S PRAYER) The 'family' of God in heaven and earth.
12	We Offer Peace to Each Other: (RITE OF PEACE) We seek and give forgiveness to one another.
13	We Believe in Jesus and Welcome Him: (COMMUNION RITE) How we approach Jesus in Holy Communion.
14	God Sends Us to Love: (DISMISSAL RITE) Preparation for Mass, reception of Holy Communion, 'going forth'.
FOR PARENTS AND CHILDREN	
15	God Forgives Our Sins: (SACRAMENT OF RECONCILIATION) Recapitulation test of whole Mass; Understanding Reconciliation, Confessions, Mass.
FIRST COMMUNION	
16	Staying Close to Jesus: PRAYER (PERSONAL PRAYER, LISTEN TO GOD'S WORD, ADORATION)
17	Staying Close to Jesus: LOVING AND SERVING OTHERS (SERVICE) At home, parish, school, neighbourhood.
18	Staying Close to Jesus: SHARING JESUS (WITNESSING TO CHRIST BY MY LIFE AND WORDS)