

My Mass Booklet

To help me walk with Jesus
through the Mass



DIOCESAN CATECHETICAL CENTRE, DIOCESE OF POONA.

INTRODUCTORY RITES

[Stand and sing the entrance hymn]

Cel: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.



GREETING

Cel: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

All: And with your spirit.

PENITENTIAL RITE

Cel: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

[Silently think of your sins and be sorry.]

All: **I confess to almighty God,
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,**

[striking your breast:]

**through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the angels and saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

Cel: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

All: Amen.

THE KYRIE

Cel: Lord, have mercy. **All:** Lord, have mercy.
Cel: Christ, have mercy. **All:** Christ, have mercy.
Cel: Lord, have mercy. **All:** Lord, have mercy.

THE GLORIA

[Praise God from your heart]

**Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ,
Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;**

**You are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

THE COLLECT

Cel: Let us pray.

*[Pray for yourself and your family and anything else.
After the celebrant collects all the prayers say:]*

All: Amen.

THE LITURGY OF THE WORD

[Sit and listen to what God has to say to you.]

FIRST READING

[After the first reading:]

Lector: The word of the Lord.

All : Thanks be to God.



RESPONSORIAL PSALM

SECOND READING

[After the second reading:]

Lector: The Word of the Lord.

All : Thanks be to God.

ACCLAMATION *[Stand and get ready for the Gospel]*

GOSPEL

Cel: The Lord be with you.

All: And with your spirit.

Cel: A reading from the holy Gospel according to

All: Glory to you, O Lord.

[Make a small cross on your forehead, lips and heart.

After the Gospel the celebrant will say...]

Cel: The Gospel of the Lord.

All : Praise to you, Lord Jesus Christ.

THE HOMILY

*[Sit and listen as the priest explains
the readings]*



PROFESSION OF FAITH

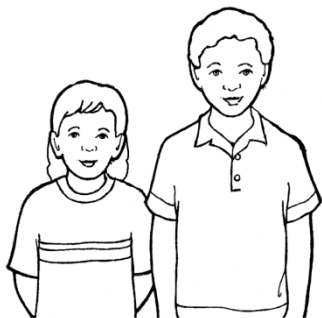
[Stand and say what you believe in a clear voice.]

THE APOSTLES' CREED

**I believe in God, the Father almighty,
Creator of heaven and earth,**

**and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand
of God the Father almighty;
from there he will come to judge
the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.**



THE NICENE CREED

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things, visible and invisible.**

**I believe in one Lord, Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.**

**He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who, with the Father and the Son, is adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

THE PRAYER OF THE FAITHFUL

[As the leader prays, lift up the people to God. After each prayer, pray the response. Sit down after the prayer.]

THE LITURGY OF THE EUCHARIST

THE PRESENTATION OF THE GIFTS (OFFERTORY)

[Offer yourself to God. Put some money into the collection box]

Cel: Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

All: Blessed be God for ever.

Cel: Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

All: Blessed be God for ever.

Cel: Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

[Stand and pray:]

All: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS:

[The celebrant prays over the offerings and says:] through Christ our Lord.

All: Amen.

THE EUCHARISTIC PRAYER

Cel: The Lord be with you.

All: And with your spirit.

Cel: Lift up your hearts.

All: We lift them up to the Lord.

Cel: Let us give thanks to the Lord our God.

All: It is right and just.



[With a thankful heart, think of all God has done for you.]

PREFACE:

Cel: It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord holy Father, almighty and eternal God, through Christ our Lord.

In him you have been pleased to renew all things, giving us all a share in his fullness.

For though he was in the form of God, he emptied himself, and by the blood of his Cross, brought peace to all creation.

Therefore he has been exalted above all things, and to all who obey him, has become the source of eternal salvation.

And so, with angels and archangels, with thrones and dominions, and with all the hosts and powers of heaven, we sing the hymn of your glory, as without end we acclaim:

[Imagine the church full of angels and saints.

Together with all of them praise God and sing:]

All: Holy, Holy, Holy, Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Cel: You are indeed Holy, O Lord, the fount of all holiness.
Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and Blood of our Lord Jesus Christ.

At the time he was betrayed and entered willingly into his Passion, he took bread and, giving thanks, broke it, and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT, FOR THIS IS MY BODY, WHICH WILL BE GIVEN UP FOR YOU.

*[The bread has become Jesus' Body!
Bow deeply before him]*



In a similar way, when supper was ended, he took the chalice and, once more giving thanks, he gave it to his disciples, saying:



TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.
DO THIS IN MEMORY OF ME.

[Once again, bow deeply before Jesus]

The mystery of faith!

All: We proclaim your Death, O Lord, and profess your Resurrection until you come again.

OR: When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

OR: Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

Cel: Through him, and with him, and in him,
O God, almighty Father, in the unity of the Holy Spirit,
all glory and honour is yours, for ever and ever.

All: Amen.

THE COMMUNION RITE

THE LORD'S PRAYER

Cel: At the Saviour's command and formed by divine teaching, we dare to say:

All: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come, thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Cel: Deliver us Lord we pray, from every evil, graciously grant peace in our days, that by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

All: For the kingdom, the power and the glory are yours now and for ever.

Cel: Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will **who** live and reign for ever and ever.

All: Amen.

Cel: The peace of the Lord be with you always.

All: And with your spirit.

Cel: Let us offer each other the sign of peace.

[Turn to the people around you and offer a sign of peace. In your heart offer peace to anyone you are angry with.]



BREAKING OF THE BREAD

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

[kneel]

Cel: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

All: Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.

COMMUNION

[Forget everyone else and get ready to welcome Jesus.]

Cel: The Body (Blood) of Christ.

R: Amen.

Cel: Let us pray.

[Stand and silently thank God for Jesus.

After Father prays say:]

All: Amen.



CONCLUDING RITES

Cel: The Lord be with you.

All: And with your spirit.

Cel: May almighty God bless you, the Father, and the Son, and the Holy Spirit. *[Make the Sign of the Cross on yourself.]*

All: Amen.

Cel: Go forth, the Mass is ended.

All: Thanks be to God.

[Take Jesus with you and decide that you are going to love him by remembering him often and loving others.]