

Happy are the Meek

A meek person is unlike an aggressive person who tends to react violently to people he or she may dislike. Jesus who is meek teaches us to reach out in love.



What is the true meaning of the word 'meek'? It is a combination of gentleness, humility and compassion. Jesus is the perfect example of meekness; we don't need to look upon anyone else to understand what it means to be meek.

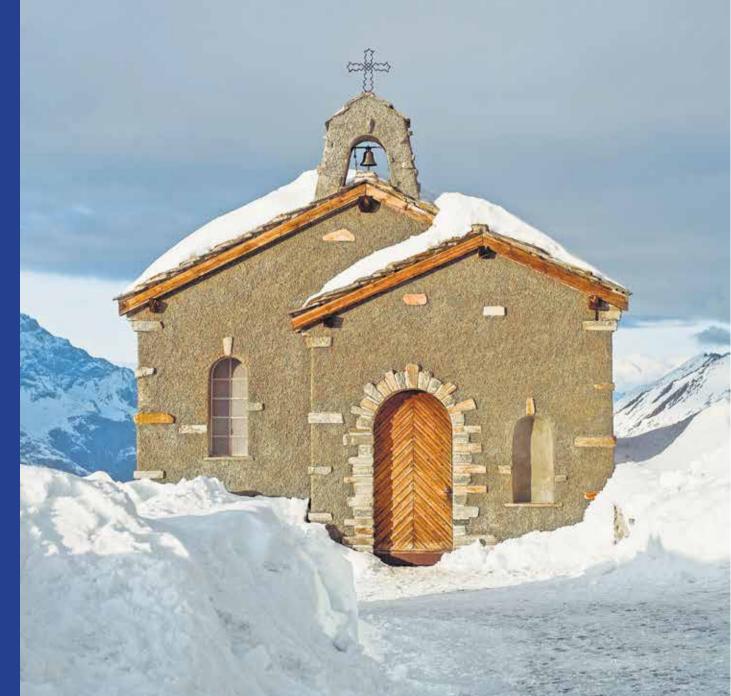
When Jesus says He's gentle and humble in heart, He means to say that He is not an arrogant or a proud person who bosses over others and puts heavy burdens on them. He even invites people tired of carrying the worries and anxieties of life to come to Him and promises them rest, because His yoke is easy and His burden is light.

You may find the same Jesus on the rare occasion giving up His meekness to challenge the arrogance of people like the Pharisees and other leaders of Jewish society. But the greatest example He set for His people was from the Cross: "Forgive them Father, for they do not know what they are doing." Such unconditional forgiveness is the mark of a true meek person.

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In India, the best example of meekness was set by Saint Teresa of Kolkata who gave up everything to serve those abandoned by society. Once when Mother Theresa was going around asking for donations to take care of the poor, a man spat in her hand. Mother Theresa did not retaliate with anger or hate but with love.

Jesus tells us that entry to Heaven is given only to those people who are not violent and aggressive. Being meek is the best human virtue. It will make you happy and help you become a good human being.





Word of God Matthew 5: 38-42

"You have heard that it was said, 'An eye for an eye and a tooth for a tooth.' But I say to you, Do not resist an evildoer. But if anyone strikes you on the right cheek, turn the other also; and if anyone wants to sue you and take your coat, give your cloak as well; and if anyone forces you to go one mile, go also the second mile. Give to everyone who begs from you, and do not refuse anyone who wants to borrow from you.



Watch: Why the meek will inherit the Earth by Bill Givens is a video that explains why God humbles the powerful and uplifts the meek. This video explains how the small, weak, abandoned and the marginalized can become the number one and possess the earth. Since land was a crucial aspect of human existence, Jesus was telling that if you are humble and down to earth in your attitude, then only you can get this Promised Land which patriarchs like Abraham, Isaac, Jacob and Joshua possessed through their humility before God.

Read: Search "Do the Poor Have More Meaningful Lives?" in New Yorker, read it and reflect.

Reading				
Mon	Tue	Wed	Thu	
Fri	Sat	Sun	Total	
Pages	Minutes			



Read the beautiful poem 'IF' written by the Nobel Prize winner Joseph Rudyard Kipling explaining this Beatitude.

Bible@Home - Matthew 5: 5

MY TASK THIS WEEK

To Watch	
To Read	
To Do	

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