



Saint Zita's angel helped her out by baking the bread for her.

- ◆ Angels are spirits. They do not have bodies like we have.
- ◆ They are God's servants and messengers.
- ◆ God has given each of us a guardian angel to protect and guide us.

A PRAYER TO YOUR GUARDIAN ANGEL:

Angel of God,
my guardian dear,
God's love for me
has sent you here.

Ever this day
be at my side,
to light and guard
to rule and guide.

3 archangels:
MICHAEL
GABRIEL
RAPHAEL



Learn this prayer
and say it
every morning!

