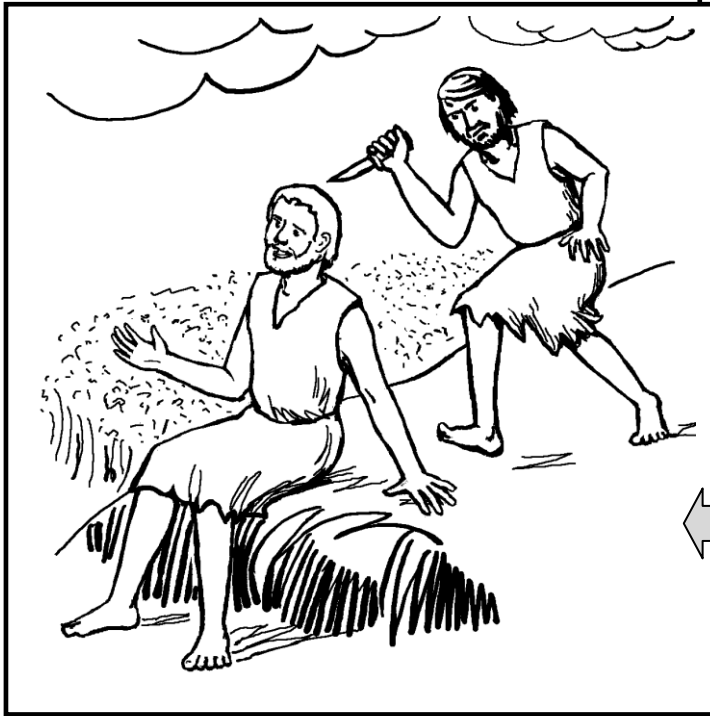


Adam and Eve had 2 sons: Cain and Abel. Cain was a farmer and Abel was a shepherd. God was not happy with Cain's offering, but he accepted Abel's offering.



Cain got jealous of Abel and angry with him. He killed his brother out in the fields.

God saw what he had done and sent him away.

JESUS SAID:

Killing is very bad, but being angry with your brothers and sisters is bad too. Before you offer God a gift, first go and make friends with those you are fighting with. Only then God will be happy with your gift.



That's why, before going for Communion, we say:



REMEMBER!

Anger is like a wild animal.

If you let it into your heart it will make you do bad things.

