

Our Father who art in heaven

At your Baptism God adopted you into his family. That's why you can call him 'Father'.  
**'Who art in heaven'** means 'who is in heaven'.

Hallowed be Thy name.

**'Hallowed be Thy Name'** means, 'May everyone respect and praise you.' If we act like our Father, people will praise him.

Thy Kingdom come

When the world ends, King Jesus will come down from heaven. He wants us to get ready for him by being good and doing what God wants. **'Thy kingdom come'** means, 'Let us all make you our king and obey you.'

Thy will be done on earth  
as it is in heaven.

This means, 'May everyone in the world do what you want, just as the angels in heaven do what you want.'

Give us this day our  
daily bread

Jesus wants us to ask God for what we need and trust him. We are also praying for others. We share what we have with them. At Mass God gives us the best kind of bread: JESUS! He makes us strong inside.

And forgive us our  
trespasses

**'Trespasses'** means sins! Jesus wants us to know we are sinners and say sorry.

As we forgive those who  
trespass against us

Jesus wants us to forgive others, just as he forgave all those who hurt him.

And lead us not  
into temptation,  
but deliver us  
from evil.

That means, 'Don't let us fall for the devil's tricks, but save us from him.'

Amen

**Amen** means 'Yes! Let what I have prayed really happen!'



When Jesus' friends said, "Teach us to pray!" he taught them this prayer. He wants us to think of our loving Father God and mean what we pray.



A prayer to Mother Mary praising her and asking her to pray for us.

Hail Mary, Full of grace,  
the Lord is with you.  
Blessed are you among women  
and blessed is the fruit of your womb,  
Jesus.

Holy Mary, Mother of God,  
pray for us sinners,  
now and the hour of our death.  
Amen.

A prayer to help you remember that God made you



O Lord, you could see me as I was being made.  
Even before I was born, you wrote down in your book  
all that would happen to me. PSALM 139



A prayer we say when we pray the Rosary,  
asking for everyone to be saved.

O My Jesus  
Forgive us our sins,  
Save us from the fires of hell  
And lead all souls to heaven,  
Especially those most in  
need of your mercy. Amen.



A humble prayer we say at Mass,  
as we welcome Jesus



Lord, I am not worthy  
that you should enter  
under my roof,  
but only say the word  
and my soul shall be  
healed.

Go over the meaning of  
the Our Father. Learn all  
the prayers, thinking of  
what you are saying.

