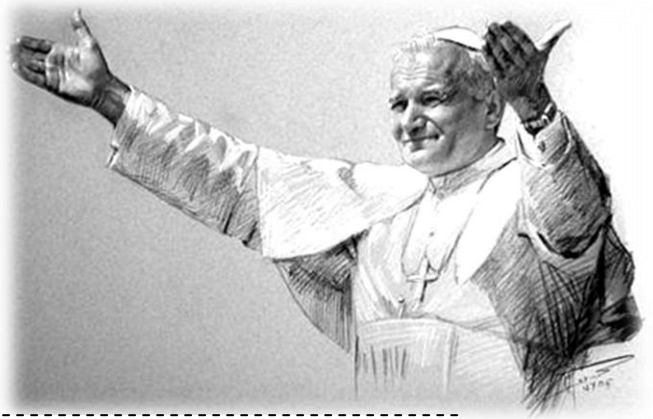


# 'Open wide the doors to Christ!'

EXCERPTS from 'DIES Domini'  
OF POPE JOHN PAUL II

*Dear Parents, Please read the words from from Pope John Paul II and reflect on them with your family. Please write your response in the spaces given. May God's word bless our lives and make us holy!*



'On Sunday Christian believers should come together, in order to commemorate the suffering, Resurrection and glory of the Lord Jesus, by hearing God's Word and sharing the Eucharist, and to give thanks to God who has given them new birth to a living hope through the Resurrection of Jesus Christ from the dead.' DD6

'Sunday is a day which is at the very heart of the Christian life. Open, open wide the doors to Christ! I would strongly urge everyone to rediscover Sunday: *Do not be afraid to give your time to Christ!* Yes, let us open our time to Christ, that he may cast light upon it and give it direction. He is the One who knows the secret of time and the secret of eternity, and he gives us "his day" as an ever new gift of his love.

Time given to Christ is never time lost, but is rather time gained, so that our relationships and indeed our whole life may become more profoundly human.' DD7

What 3 things do we do at Sunday Mass?

List some good things God has done for us, for which we should thank him:



What will we gain if we decide to keep Sunday as a special day for Christ?

Write any practical changes you would like to make so that Sunday becomes the Lord's Day for your family:



Do you go to Sunday Mass with your children?

How can you help your children to realize what is happening at Mass and to take part better?



'For Christian families, the Sunday assembly is one of the most outstanding expressions of their identity and their "ministry" as "domestic churches", when parents share with their children at the one Table of the word and of the Bread of Life. It is first of all the parents who must teach their children to participate in Sunday Mass..' DD36