

## SUNDAY

READ ALOUD:

'As God's chosen ones,  
holy and beloved,  
clothe yourselves with  
compassion, kindness,  
humility, meekness and  
patience.' Col. 3:12.

THINK ABOUT IT QUIETLY, THEN  
TALK ABOUT WHAT THE QUALITIES  
MEAN IN PRACTICE.

PRAY:

Thank you Father, for choosing  
us and making us a family.  
Thank you for each member of  
our family, who is precious to  
you and also to us. Just as we  
dress ourselves in clean clothes  
everyday, today we want to put  
on compassion, kindness,  
humility, meekness and patience.  
Amen.

EACH ONE CHOOSE ONE QUALITY  
YOU SPECIALLY WANT TO PUT ON.  
ASK GOD FOR IT ALOUD.

PRAY ALOUD:

Jesus, meek and humble of  
heart, make my heart like unto  
thine.

Hail Mary... Holy Mary.

## MONDAY

READ ALOUD:

'Bear with one another,  
and if anyone has a  
complaint against  
another, forgive each  
other; just as the Lord  
has forgiven you, you also  
must forgive.' Col. 3:13.

THINK ABOUT IT QUIETLY; THINK  
OF THE TIMES YOU HAVE HURT GOD  
& OTHERS.

ASK GOD'S FORGIVENESS.  
IF POSSIBLE, WRITE A NOTE AND  
SAY SORRY TO THOSE YOU HAVE  
HURT IN YOUR OWN FAMILY.

NOW THINK OF ONE PERSON IN  
YOUR FAMILY WHO HAS HURT YOU  
IN ANY WAY. FORGIVE HIM/HER.  
PRAY ALOUD, HOLDING HANDS:

Thank you Jesus, for dying on  
the Cross and wiping away my  
sins. Today, with your help, I let  
go of all my hurts. With your  
grace I forgive those who have  
hurt me. Amen.

GO AROUND AND HUG EACH OTHER.

Hail Mary... Holy Mary.

## TUESDAY

READ ALOUD:

'Above all, clothe  
yourselves with love;  
which binds everything  
together in perfect  
harmony.' Col. 3:14.

THINK ABOUT IT QUIETLY, THEN  
PRAY:

Thank you Lord, for teaching us  
to love. You came to this earth  
to show us how to love. You  
asked us to love one another so  
that we could become truly  
happy.

Give me your eyes today, to see  
the good in each one in my  
family.

Give me your tongue, so that my  
words will build and not break.  
Give me your hands, that I may  
use them today to help, bless  
and heal. Amen.

HOLD HANDS AND SING:

'Bind us together, Lord  
Bind us together with cords  
that cannot be broken,  
Bind us together, Lord [2]  
Bind us together with love.

Hail Mary... Holy Mary.

## WEDNESDAY

READ ALOUD:

'And let the peace of  
Christ rule in your  
hearts, to which indeed  
you were called in the one  
body.' Col. 3:15.

THINK ABOUT IT QUIETLY, THEN  
PRAY:

Thank you Father, for calling us  
to be one body, just as you are  
three-in-one. It was you who  
chose us and placed us together  
as a family. Though we have our  
faults and weaknesses, with your  
help we can live in peace and  
harmony. Amen.

SING:

*Make me a channel of your peace,  
Where there is hatred  
let me bring your love,  
Where there is injury,  
your pardon Lord,  
And where there's doubt  
true faith in you.  
O Master grant that I may never seek,  
So much to be consoled  
as to console,  
To be understood, as to understand,  
To be loved, as to love with all my  
soul.*

Hail Mary... Holy Mary.

## THURSDAY

READ ALOUD:

'Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom.'

Col. 3:16.

THINK ABOUT IT QUIETLY, THEN PRAY:

Lord, you have so much to say to me through your Word in the Bible and also through my family members.

Help me to be open to what you are saying. Let me not be proud, but humble and ready to listen.

If you want me to speak to anyone in my family, to help them to change, let me do it with love. Amen.

SING TO THE HOLY SPIRIT:

*Open my eyes, Lord  
I want to see Jesus  
To reach out and touch Him  
And say that I love Him.  
Open my ears Lord,  
Teach me to listen  
Open my heart, Lord  
I want to love Jesus.*

Hail Mary... Holy Mary.

## FRIDAY

READ ALOUD:

'With gratitude in your hearts sing psalms, hymns and spiritual songs to God. And what ever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.'

Col. 3:16-17.

THINK ABOUT ALL GOD HAS DONE FOR YOU. HAVE A 'LITANY OF THANKS'; EACH ONE THANK GOD FOR ONE THING AND ALL RESPOND, 'THANK YOU LORD!' HAVE 2 OR 3 ROUNDS OF THANKS.

PRAY ALOUD:

Lord, you are so generous to us. You have given us so much! Help us to be a thankful and joyful family. Help us today to do our work happily, out of love for you. Amen.

SING: *God's love is so wonderful [3]  
Oh, wonderful love.  
It's so high; you can't get over it,  
So deep, you can't get under it,  
So wide, you can't get around it,  
Oh, wonderful love!*

Hail Mary... Holy Mary.

## SATURDAY

READ ALOUD:

'Wives, be subject to your husbands, as is fitting in the Lord.

Husbands, love your wives and never treat them harshly.

Children, obey your parents in everything, for this is your acceptable duty in the Lord.

Fathers, do not provoke your children, or they may lose heart. ' Col. 3:18-21.

THINK ABOUT THE VERSE THAT APPLIES TO YOU. ASK GOD FOR THE GRACE TO OBEY HIS WORD. PLACE YOUR HANDS ON EACH MEMBER OF THE FAMILY IN TURN AND PRAY FOR THEM.

PRAY ALOUD:

Lord, you want to make our family loving, happy and united. We also want the same things. Help each of us today to do what you ask of us. Make our family so loving, that everyone may know that you are alive. Amen.

Hail Mary... Holy Mary.

# 'Pray Without Ceasing'

1 Thessalonians 5:17



A FAMILY PRAYER FOR EVERY DAY OF THE WEEK, BASED ON COLOSSIANS 3.

Begin your day as a family with a scripture reading and prayer.