



Jesus used to go off to the hills to be alone with God and to pray to Him. He told us not to pray so as to get a good name or to show off to others, but out of love for God. HE SAID:

> Whenever you pray, go to your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you. MATTHEW 6:6

WE TOO MUST PRAY AT SPECIAL TIMES: IN THE MORNING, AT NIGHT, AND AT MEAL TIMES.